


Gautam Buddha University, Gr. Noida
All Boys & Girls Hostel Mess Menu
Date- (24th January, 2024)

Days	Breakfast	Lunch	Snacks	Dinner
Monday	Mix Paratha + Curd + Pickle+tea or Bread + Jam	Jeera Rice + Dal Makhani + Mix Veg + Boondi Raita + Chapati + Salad + Pickle	Samosa + Green + Sweet Chutney + Tea	Plain Rice + Mutter Paneer/Palak Paneer + Yellow Dal Tadka + Chapati + Green Chilli Pickle + Salad + Dahi Bhalle
Tuesday	Banana (Two Pieces Normal Size) + Milk(200ml)+tea or Bread + Jam	Plain Rice + Arhar Dal + Soya Palak + Jeera Raita + Chapati + Salad + Green Chilli Pickle	Veg. Poha + Green + Sweet Chutney + Tea	Mutter Pulao + Chhole Masala + Aloo Tamatar ki Sabji + Chapati + Green Chilli pickle + Salad + Gulab Jamun
Wednesday	Pav + Bhaji + Tea or Bread + Jam	Dhaniya Rice + Rajma Rasila + Bairangan Ka Bharta + Cucumber Raita + Chapati + Salad + Green Chilli Pickle	Mix Pakodi + Green + Sweet Chutney + Tea	Whole Spices Rice + Aloo Palak + Sabut Masoor Dal + Chapati + Green Chilli Pickle + Salad + Rice Kheer
Thursday	Idli Sambhar + Tea or Bread + Jam	Plain Rice + Pala Kadi + Aloo Jeera + Chapati + Salad + Green Chilli Pickle	Kachori + Green + Sweet Chutney + Tea	Fried Rice + Mix Veg + Dal Makhani + Chapati + Green Chilli Pickle + Salad + Suji Halwa
Friday	Mutter Kulcha + Tea or Bread + Jam	Plain Rice + Mutter Paneer + Chana Dal + Fryums + Burrani Raita + Chapati + Salad + Green Chilli Pickle	Mutter Soya Biryani + Green Chutney + Tea	Plain Rice + Soya Keema + Arhar Dal + Chapati + Salad + Sweet Boondi
Saturday	Poori + Aloo Tamatar Bhaji + Tea or Bread + Jam	Peas Pulao + Lauki Ka Kofta + Moong Masoor Dal + Mix Veg Raita + Chapati + Salad + Green Chilli Pickle	Bhel Papadi Chat + Green + Sweet Chutney + Tea	Dhaniya Rice + Cabbage Gajar Mutter + Dal Fry + Chapati + Salad + Dal Halwa
Sunday	Carrot Peas Upma+ Chutney +Tea or Bread + Jam	Whole Spices Rice + Chhole + Poori + Boondi Raita + Onion Salad + Green Chilli Pickle	Veg Sandwich + Green + Sweet Chutney + Tea	Plain Rice + Aloo Shimla Mirch + Rajma Masala + Chapati + Green Chilli Pickle + Salad + Narial Barfi
Monday & Tuesday (Only for Students who are fasting)	Fruits+Milk/Tea	Fried Aloo+Dahi	French Fry+Tea	Aloo Paratha+Dahi

Note:-

- (a): **Seasonal Vegetables:** Brinjal, Bhindi, Lauki, Parabul, Matar, Cabbage, Cauliflower, Shimla Mirch, Beans, Palak (As per availability).
(b): **Salad:** Onion, Cucumber, Carrot, Lemon, Radish, Tomato, Sprouts.
(c): **Mixed Veg:** Capsicum+Cauliflower+Carrot+Beans+Matar (Peas).
(d): **Mixed Dal:** Arhar Dal+Chana Dal+Masoor Dal.
(e): The items such as milk, Maggi, banana, Samosa, Bread Pakora, Loosepakauri, Stuffed Pao, Veg Biryani, Bread Cutlet, Namak Pare, French Fry, Burger, Veg. Sandwich etc. will be served only in limited quantity.
(f): No deviation from the menu as per the mess contract is permitted. In unavoidable situation(s), prior permission of Chief Warden/Warden must be secured.
(g): **Raita:** Mix/Boondi/Carrot/Onion/Jeera/Burani/Pudina/Lauki/Khira (No Aloo Raita).
(h): Students who are fasting should give prior information to mess manager.


Chief Warden Boys
Gautam Buddha University
Greater Noida

for

 29/1/24